

# Veganism is Nonviolence



Veganism means recognising that other animals are not ours to eat, wear or use for any purpose. Just like us, they feel, they enjoy, they grieve. Their lives are as valuable to them as ours are to us. But right now, they are viewed as nothing more than human property. We enslave them, we exploit them, we take away their children, and we murder them - all because we like the way they taste or feel.

*To you, it may be “just a meal”, or “just a piece of clothing”. But to them, it’s life itself. You can choose to no longer participate in this unnecessary violence. You can choose to live vegan.*

**Learn more at:** [AbolitionistApproach.com](http://AbolitionistApproach.com)  
[VeganismIsNonviolence.com](http://VeganismIsNonviolence.com)  
[GentleWorld.org](http://GentleWorld.org)

**Vegan Starter Kit:** [VeganKit.com](http://VeganKit.com)

**Please take one →**

**Veganism = Nonviolence - Try it!**

*It's easy, it's healthy, it's better for the environment, but most importantly, it's the morally right thing to do.*

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